

The Standardized Program Evaluation Protocol (SPEP™):

Service Score Results: Baseline

Name of Program and Service: Wesley Spectrum Services-Wesley Spectrum-In Home Services

Cohort Total: 124

SPEP ID: 18

Selected Timeframe: Jan. 1, 2013-Dec. 31, 2013

Date(s) of Interview(s): May 1, 2014

Lead County & SPEP Team Representatives: Doug Braden, Allegheny Co. & Shawn Peck, EPISCenter

Person Preparing Report: Shawn Peck & Doug Braden

Description of Service: *This should include a **brief** overview of the service within the context of the program, the location and if community based or residential. Indicate the type of youth referred, how the service is delivered, the purpose of service and any other **relevant** information to help the reader understand the SPEP service type classification. (350 character limit)*

Wesley Spectrum Services (WSS) is a private, nonprofit service agency that provides a wide array of integrated education, behavioral health and family support services to meet the complex needs of at-risk children and families throughout Western Pennsylvania. They provide integrated continuum of autism, behavioral health, as well as education and family support services.

Wesley Spectrum's In-Home Child and Family Services provide intensive family services focused interventions for children and families referred by the Allegheny County Juvenile Probation Department and or Office of Children, Youth and Families. The Program's Structural/Strategic Family Therapy Model of counseling is research based, evidence informed and outcome focused. The strategic approach focuses on the interactional patterns within the family. Families are empowered to identify strengths, competencies, resources and options. Families are directed to understand problems in new, more helpful ways and to experience new ways of interacting or solving problems. Sessions typically occur two to three times a week providing maximum flexibility in a range of intensity levels. Service delivery requires that staff be available weeknights and weekends for in home sessions as well as 24 hour crisis support or intervention. Sessions include as many family members as possible and are designed to address crimeogenic criminogenic risk factors such as unsafe and/or unstable family setting, poor parenting, adverse family interactions, and disengagement from school, community and/or work, behavioral health, substance abuse and lack of pro-social relationships. Wesley Spectrum's In-Home Child and Family Services include: assessing family functioning to aid in service plan development, providing family counseling about relationships, domestic violence, parent/child conflict, crisis management, communication, peer relationships, anger management, problem-solving, budgeting, and parenting skills development.

The four characteristics of a service found to be the most strongly related to reducing recidivism:

1. **SPEP™ Service Type:** Family Counseling

Based on the meta-analysis, is there a qualifying supplemental service? n/a

If so, what is the Service type? There is no qualifying supplemental service

Was the supplemental service provided? n/a **Total Points Possible for this Service Type:** 20

Total Points Earned: 20 **Total Points Possible:** 35

2. **Quality of Service:** Research has shown that programs that deliver service with high quality are more likely to have a positive impact on recidivism reduction. Monitoring of quality is defined by existence of written protocol, staff training and supervision, and how drift from service delivery is addressed.

Total Points Earned: 20 **Total Points Possible:** 20

3. **Amount of Service:** Score was derived from examination of weeks and hours each youth in the cohort received the service. The amount of service is measured by the target amounts of service for the SPEP service categorization. Each SPEP service type has varying amounts of duration and dosage. Youth should receive the targeted amounts to have the greatest impact on recidivism reduction.

Points received for Duration or Number of Weeks: 4

Points received for Dosage or Number of Hours: 4

Total Points Earned: 8 Total Points Possible: 20

4. **Youth Risk Level:** The risk level score is compiled by calculating the total % of youth that score above low risk, and the total % of youth who score above moderate risk to reoffend based on the results of the YLS.

108 youth in the cohort are Moderate, High or Very High YLS Risk Level for a total of 10 points

16 youth in the cohort are High or Very High YLS Risk Level for a total of 0 points

Total Points Earned: 10 Total Points Possible: 25

Basic SPEP™ Score: 58 total points awarded out of 100 points. Compares service to any other type of SPEP therapeutic service. (eg: individual counseling compared to cognitive behavioral therapy, social skills training, mentoring, etc.)

Note: Services with scores greater than or equal to 50 show the service is having a positive impact on recidivism reduction.

Program Optimization Percentage: 69% This percentage compares the service to the same service types found in the research. (eg: individual counseling compared to all other individual counseling services included in the research)

The SPEP and Performance Improvement

The intended use of the SPEP is to optimize the effectiveness of reducing recidivism among juvenile offenders. Recommendations for performance improvement are included in the service feedback report, and these recommendations are the focus of the performance improvement plan, a shared responsibility of the service provider and the local juvenile court. The recommendations for this service included in the feedback report are:

The Wesley Spectrum In-Home Child and Family Services scored a 69% Program Optimization Percentage. It is classified as a Group 3 service; Family counseling with no qualifying supplemental service. The quality of the service was found to be delivered at a Very High level. The risk levels of youth participating in this program are: 11% as Low Risk; 87% as Moderate Risk or above; and 13% as High Risk. The amount of service provided to the clients was at 50% of the recommended targeted weeks of duration and 53% of the recommended target contact hours for this service type.

Wesley Spectrum In-Home Child and Family Services could improve its capacity for recidivism reduction through:

1. Improving communication with Allegheny County Juvenile Court and other courts that use this service on the research supported amount of service that should be provided for this service type.

The Standardized Program Evaluation Protocol (SPEP™):

Service Score Results: Reassessment

Name of Program and Service: Wesley Spectrum Services-Wesley Spectrum-In Home Services

Cohort Total: 259

SPEP ID: 18

Selected Timeframe: Jan. 1, 2014-Dec. 31, 2014

Date(s) of Interview(s): Sep. 21, 2015

Lead County & SPEP Team Representatives: Doug Braden, Allegheny Co. & Shawn Peck, EPISCenter

Person Preparing Report: Shawn Peck & Doug Braden

Description of Service: *This should include a **brief** overview of the service within the context of the program, the location and if community based or residential. Indicate the type of youth referred, how the service is delivered, the purpose of service and any other **relevant** information to help the reader understand the SPEP service type classification. (350 character limit)*

Wesley Spectrum Services (WSS) is a private, nonprofit service agency that provides a wide array of integrated education, behavioral health and family support services to meet the complex needs of at-risk children and families throughout Western Pennsylvania. They provide integrated continuum of autism, behavioral health, as well as education and family support services.

Wesley Spectrum's In-Home Child and Family Services provide intensive family services focused interventions for children and families referred by the Allegheny County Juvenile Probation Department and or Office of Children, Youth and Families. The Program's Structural/Strategic Family Therapy Model of counseling is research based, evidence informed and outcome focused. The strategic approach focuses on the interactional patterns within the family. Families are empowered to identify strengths, competencies, resources and options. Families are directed to understand problems in new, more helpful ways and to experience new ways of interacting or solving problems. Sessions typically occur two to three times a week providing maximum flexibility in a range of intensity levels. Service delivery requires that staff be available weeknights and weekends for in home sessions as well as 24 hour crisis support or intervention. Sessions include as many family members as possible and are designed to address crimeogenic criminogenic risk factors such as unsafe and/or unstable family setting, poor parenting, adverse family interactions, and disengagement from school, community and/or work, behavioral health, substance abuse and lack of pro-social relationships. Wesley Spectrum's In-Home Child and Family Services include: assessing family functioning to aid in service plan development, providing family counseling about relationships, domestic violence, parent/child conflict, crisis management, communication, peer relationships, anger management, problem-solving, budgeting, and parenting skills development.

The four characteristics of a service found to be the most strongly related to reducing recidivism:

1. **SPEP™ Service Type:** Family Counseling

Based on the meta-analysis, is there a qualifying supplemental service? n/a

If so, what is the Service type? There is no qualifying supplemental service

Was the supplemental service provided? n/a Total Points Possible for this Service Type: 20

Total Points Earned: 20 Total Points Possible: 35

2. **Quality of Service:** Research has shown that programs that deliver service with high quality are more likely to have a positive impact on recidivism reduction. Monitoring of quality is defined by existence of written protocol, staff training and supervision, and how drift from service delivery is addressed.

Total Points Earned: 20 Total Points Possible: 20

3. **Amount of Service:** Score was derived from examination of weeks and hours each youth in the cohort received the service. The amount of service is measured by the target amounts of service for the SPEP service categorization. Each SPEP service type has varying amounts of duration and dosage. Youth should receive the targeted amounts to have the greatest impact on recidivism reduction.

Points received for Duration or Number of Weeks: 4

Points received for Dosage or Number of Hours: 4

Total Points Earned: 8 Total Points Possible: 20

4. **Youth Risk Level:** The risk level score is compiled by calculating the total % of youth that score above low risk, and the total % of youth who score above moderate risk to reoffend based on the results of the YLS.

223 youth in the cohort are Moderate, High or Very High YLS Risk Level for a total of 10 points

33 youth in the cohort are High or Very High YLS Risk Level for a total of 0 points

Total Points Earned: 10 Total Points Possible: 25

Basic SPEP™ Score: 58 total points awarded out of 100 points. Compares service to any other type of SPEP therapeutic service. (eg: individual counseling compared to cognitive behavioral therapy, social skills training, mentoring, etc.)

Note: Services with scores greater than or equal to 50 show the service is having a positive impact on recidivism reduction.

Program Optimization Percentage: 69% This percentage compares the service to the same service types found in the research. (eg: individual counseling compared to all other individual counseling services included in the research)

The SPEP and Performance Improvement

The intended use of the SPEP is to optimize the effectiveness of reducing recidivism among juvenile offenders. Recommendations for performance improvement are included in the service feedback report, and these recommendations are the focus of the performance improvement plan, a shared responsibility of the service provider and the local juvenile court. The recommendations for this service included in the feedback report are:

The Wesley Spectrum In-Home Child and Family Service scored 58% for the Basic Score and a 69 % Program Optimization Percentage. It is classified as a Group 3 service; Family Counseling service type. These scores represent no percentage change from the baseline findings of the Initial SPEP™ Assessment scoring results. The program could continue to improve its capacity for recidivism reduction through:

1. Regarding Service Amount: Continue to communicate the recommended duration of Family Counseling with Allegheny County Juvenile Court and other courts.
2. Regarding Youth Level of Risk: Continue to accept Moderate to High Risk youth that are best suited for this service.

The Standardized Program Evaluation Protocol (SPEP™):

Service Score Results: Reassessment

Name of Program and Service: Wesley Family Services (WFS)-In-Home Child and Family Services

Cohort Total: 119

SPEP ID: 18-T03

Selected Timeframe: Oct. 1, 2016-Sep. 30, 2017

Date(s) of Interview(s): Apr. 24, 2017

Lead County & SPEP Team Representatives: Bill Shultz, Allegheny Co. & Shawn Peck, EPISCenter

Person Preparing Report: Bill Shultz & Shawn Peck

Description of Service: *This should include a **brief** overview of the service within the context of the program, the location and if community based or residential. Indicate the type of youth referred, how the service is delivered, the purpose of service and any other **relevant** information to help the reader understand the SPEP service type classification. (350 character limit)*

Wesley Family Services (WFS) is a private, nonprofit service agency that provides a wide array of integrated education, behavioral health and family support services to meet the complex needs of at-risk children and families throughout Western Pennsylvania. They provide integrated continuum of autism, behavioral health, as well as education and family support services. Wesley Family Services provides school-based, community-based, and outpatient behavioral health services throughout Southwestern Pennsylvania.

Wesley Family Services' In-Home Child and Family Services provide intensive family services focused interventions for children and families referred by the Allegheny County Juvenile Probation Department and, or Office of Children, Youth and Families. The Program's Structural/Strategic Family Therapy Model of counseling is research based, evidence informed, and outcome focused. The strategic approach focuses on the interactional patterns within the family. Families are empowered to identify strengths, competencies, resources, and options. Families are directed to understand problems in new, more helpful ways, and to experience new ways of interacting or solving problems. Sessions typically occur two to three times a week, providing maximum flexibility in a range of intensity levels. Service delivery requires that staff be available weeknights and weekends for in-home sessions as well as 24-hour crisis support or intervention. Sessions include as many family members as possible and are designed to address criminogenic risk factors such as unsafe and/or unstable family setting, poor parenting, adverse family interactions, and disengagement from school, community and/or work, behavioral health, substance abuse, and lack of pro-social relationships. Wesley Family Services' In-Home Child and Family Services include: assessing family functioning to aid in service plan development, providing family counseling about relationships, domestic violence, parent/child conflict, crisis management, communication, peer relationships, anger management, problem-solving, budgeting, and parenting skills development.

The four characteristics of a service found to be the most strongly related to reducing recidivism:

1. **SPEP™ Service Type:** Family Counseling

Based on the meta-analysis, is there a qualifying supplemental service? No

If so, what is the Service type? There is no qualifying supplemental service

Was the supplemental service provided? n/a **Total Points Possible for this Service Type:** 20

Total Points Earned: 20 **Total Points Possible:** 35

2. **Quality of Service:** Research has shown that programs that deliver service with high quality are more likely to have a positive impact on recidivism reduction. Monitoring of quality is defined by existence of written protocol, staff training and supervision, and how drift from service delivery is addressed.

Total Points Earned: 20 **Total Points Possible:** 20

3. **Amount of Service:** Score was derived from examination of weeks and hours each youth in the cohort received the service. The amount of service is measured by the target amounts of service for the SPEP service categorization. Each SPEP service type has varying amounts of duration and dosage. Youth should receive the targeted amounts to have the greatest impact on recidivism reduction.

Points received for Duration or Number of Weeks: 2

Points received for Dosage or Number of Hours: 2

Total Points Earned: 4 Total Points Possible: 20

4. **Youth Risk Level:** The risk level score is compiled by calculating the total % of youth that score above low risk, and the total % of youth who score above moderate risk to reoffend based on the results of the YLS.

102 youth in the cohort are Moderate, High or Very High YLS Risk Level for a total of 10 points

16 youth in the cohort are High or Very High YLS Risk Level for a total of 0 points

Total Points Earned: 10 Total Points Possible: 25

Basic SPEP™ Score: 54 total points awarded out of 100 points. Compares service to any other type of SPEP therapeutic service. (eg: individual counseling compared to cognitive behavioral therapy, social skills training, mentoring, etc.)

Note: Services with scores greater than or equal to 50 show the service is having a positive impact on recidivism reduction.

Program Optimization Percentage: 64% This percentage compares the service to the same service types found in the research. (eg: individual counseling compared to all other individual counseling services included in the research)

The SPEP and Performance Improvement

The intended use of the SPEP is to optimize the effectiveness of reducing recidivism among juvenile offenders. Recommendations for performance improvement are included in the service feedback report, and these recommendations are the focus of the performance improvement plan, a shared responsibility of the service provider and the local juvenile court. The recommendations for this service included in the feedback report are:

Wesley Family Services' In-Home Child and Family Services scored 54% for the Basic Score and a 64% Program Optimization Percentage. These scores represent a decrease of 4 percentage points for the Basic Score and a decrease of 5 percentage points for the Program Optimization Percentage from the previous SPEP™ Reassessment and the initial SPEP™ Assessment. The decrease of percentages points was due to a change in service usage that affected duration and dosage. It was classified as a Group 3 service; Family Counseling service type. The quality of service delivery was found to be at a High Level. The amount of service provided to the youth was 37% of the recommended targeted weeks of duration and 35% of the recommended targeted contact hours for this service type. The risk levels of youth that received this service were 15% as Low Risk, 72% as Moderate Risk, and 13% as High Risk. This service could continue to improve its capacity for recidivism reduction through:

1. Regarding Amount of Service:
 - a. Continue to communicate the recommended duration and dosage of Family Counseling with Allegheny County Juvenile Court and other courts.
 - b. Discuss change in service usage between Wesley Family Services and Allegheny County Juvenile Court and ways to better meet targeted duration and dosage.
2. Regarding Youth Level of Risk:
 - a. Continue to accept Moderate to High Risk youth that are best suited for this service.

The Standardized Program Evaluation Protocol (SPEP™):

Service Score Results: Reassessment

Name of Program and Service: Wesley Family Services - In-Home Services

Cohort Total: 101

SPEP ID: 18-T04

Timeframe of Selected Cohort: Nov. 1, 2018 - Jun. 20, 2019

Date(s) of Interview(s): Jun. 20, 2019 & Jun. 20, 2019

Lead County & SPEP Team Representatives: William Shultz, Allegheny Co. & Christa Park, EPISCenter

Person Preparing Report: William Shultz, Allegheny Co. & Christa Park, EPISCenter

Description of Service: *This should include a **brief** overview of the service within the context of the program, the location and if community based or residential. Indicate the type of youth referred, how the service is delivered, the purpose of service and any other **relevant** information to help the reader understand the SPEP service type classification. (500 word limit)*

Wesley Family Services (WFS) provides quality behavioral healthcare & therapeutic support services that support the needs of children, adults, & families throughout their lifespan. WFS is a non-profit organization that serves more than 30,000 individuals & families in Western PA. WFS programs address autism, intellectual disabilities, behavioral health, & education. WFS believes that caring therapists, physicians, counselors, clinicians, & caseworkers can help whenever youth & families face challenges they may be trying to navigate. Where there is help, there is always hope. With more than 65 behavioral healthcare services & support programs, WFS works closely with those served & tailors their approach to meet the unique needs of every individual. As an organization, WFS provides behavioral healthcare services & support programs to individuals in their homes, communities, & schools - whatever best meets the needs of those served. WFS' In-Home Services provide intensive family-focused interventions for children & families referred by the County Juvenile Probation Departments (JPO) and/or Office of Children, Youth, & Families (OCYF). WFS utilizes a Structural Strategic Family Therapy Model of counseling; this model is research-based, evidence-informed, and outcome-focused. The strategic approach focuses on the interactional patterns within the family. Families are empowered to identify strengths, competencies, resources, & options. Families are directed to understand problems in new, more helpful ways, & to experience new ways of interacting or solving problems. Sessions typically occur two to three times a week, providing maximum flexibility in a range of intensity levels. Service delivery requires that staff be available weeknights & weekends for in-home sessions as well as 24-hour crisis support or intervention. Sessions include as many family members as possible & are designed to address criminogenic risk factors such as unsafe and/or unstable family settings, poor parenting, adverse family interactions, disengagement from school/community/work, behavioral health, substance abuse, & lack of pro-social relationships. In-Home Services include: assessing family functioning to aid in service plan development & providing family counseling about relationships, domestic violence, parent/child conflict, crisis management, communication, peer relationships, anger management, problem-solving, budgeting, & parenting skills development. Wesley Family Services has used the SPEP™ Performance Improvement Process to enhance their delivery of In-Home Services.

The four characteristics of a service found to be the most strongly related to reducing recidivism:

1. SPEP™ Service Type: Family Counseling

Based on the meta-analysis, is there a qualifying supplemental service? No

If so, what is the Service type? There is no qualifying supplemental service

Was the supplemental service provided? n/a

Total Points Possible for this Service Type: 20 ☒

Total Points Earned: 20 ☒ Total Points Possible: 35

2. Quality of Service: Research has shown that programs that deliver service with high quality are more likely to have a positive impact on recidivism reduction. Monitoring of quality is defined by existence of written protocol, staff training and supervision, and how drift from service delivery is addressed.

Total Points Earned: 20 ☒ Total Points Possible: 20

3. **Amount of Service:** Score was derived from examination of weeks and hours each youth in the cohort received the service. The amount of service is measured by the target amounts of service for the SPEP service categorization. Each SPEP service type has varying amounts of duration and dosage. Youth should receive the targeted amounts to have the greatest impact on recidivism reduction.

Points received for Duration or Number of Weeks: 2 ☒

Points received for Dosage or Number of Hours: 2 ☒

Total Points Earned: 4 Total Points Possible: 20

4. **Youth Risk Level:** The risk level score is compiled by calculating the total % of youth that score above low risk, and the total % of youth who score above moderate risk to reoffend based on the results of the YLS.

84 youth in the cohort are Moderate, High or Very High YLS Risk Level for a total of 7 ☒ points

29 youth in the cohort are High or Very High YLS Risk Level for a total of 8 ☒ points

Total Points Earned: 15 Total Points Possible: 25

Basic SPEP™ Score: 59 total points awarded out of 100 points. Compares service to any other type of SPEP therapeutic service. (eg: individual counseling compared to cognitive behavioral therapy, social skills training, mentoring, etc.)

Note: Services with scores greater than or equal to 50 show the service is having a positive impact on recidivism reduction.

Program Optimization Percentage: 69% This percentage compares the service to the same service types found in the research. (eg: individual counseling compared to all other individual counseling services included in the research)

The SPEP and Performance Improvement

The intended use of the SPEP is to optimize the effectiveness of reducing recidivism among juvenile offenders. Recommendations for performance improvement are included in the service feedback report, and these recommendations are the focus of the performance improvement plan, a shared responsibility of the service provider and the local juvenile court. The recommendations for this service included in the feedback report are:

1. Regarding Quality of Service Delivery:

a. Written Protocol:

- i. Update existing manual with a review/revision date.

b. Organizational Response to Drift:

- i. Incorporate the "Measurement of Service Outcomes & Fidelity" policy directly into the In-Home Services Manual for easy reference.

2. Regarding Amount of Service:

- a. Improve communication with Allegheny County & Westmoreland County JPO to better match research recommendations for the target amount of service and appropriate length of stay for each youth.

3. Regarding Risk Level of Youth Served:

- a. Maintain collaboration with Allegheny County & Westmoreland County JPO to consider the appropriate risk level for each youth.
- b. Increase collaboration with Allegheny County & Westmoreland County JPO to consider each youth's responsivity factors during treatment.